

EASTER

✝ Easter Vigil - Saturday, April 11, 8 PM.
April 12 - Easter Sunday Masses: 8 AM, 10:30 AM and Noon.
No Mass at 5 PM and 7 PM.

Regulations for Fast and Abstinence

- ✝ *Ash Wednesday and Good Friday are days of fast and abstinence.*
- ✝ *Fridays of Lent are also days of abstinence.*
- ✝ *Fasting is to be observed by everyone 18 years of age and older and who have not yet celebrated their 59th birthday. On a fast day, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.*
- ✝ *Abstinence is observed by everyone 14 years of age and older. On days of abstinence, no meat is allowed.*
- ✝ *Note that when health or the ability to work would be seriously affected, the law does not bind. When in doubt concerning fast and abstinence, the parish priest should be consulted.*
- ✝ *Fasting, almsgiving and prayer are the three traditional disciplines of Lent undertaken in a spirit of penance and preparation for baptism or renewal of baptism at Easter.*

Holy Cross Church

2020

LENT
Pray + Fast + Give

**“In this is love, not that we loved God
but that He loved us and sent His Son
to be the expiation for our sins.”
1 John 4:10**

Lent is a time of renewal. During these 40 days, we have a chance to reflect on our lives, pray more deeply, repent for what we've done and failed to do, and to be more generous to those in need.

PRAYER THAT RENEWS

- ✝ Exposition of the Blessed Sacrament every Wednesday from 9:30 AM to 4 PM and on Thursday from 6 PM to 7 PM.
- ✝ Stations of the Cross - Fridays in Lent (except April 3*) at 7 PM. Song, candles and incense. Confessions after Stations.
- ✝ 24 Hours with the LORD; March 16-21. Adoration and Confession each day and through the night on Friday. Call the Parish Office to sign up for an hour.
- ✝ Candlelight Lenten Mass – Friday, April 3* at 8 PM.

RE-CHARGE AND REFRESH

- ✝ Soup and Stations of the Cross – Friday, March 6, starting at 6 PM in the St. Joseph Room. Enjoy a meat-free homemade dinner and pray the Stations of the Cross at 7 PM.
- ✝ Adult Faith Nights – Mondays at 7 PM on March 9 and March 23. Discover more about the Catholic faith with members of our RCIA community.
- ✝ Daily Mass - 9 AM in the Church with Morning Prayer.
- ✝ Confessions - following 9 AM Mass on Saturday and Stations of the Cross on Friday evenings.

COMMUNITY

- ✝ Movie Night – Sunday, March 29, in the Gym following the 5 PM Mass. *Breakthrough*, rated PG for thematic content, tells the story of one family's response to tragedy. A good reminder that faith and love can bring about miracles. Based on a true story. Pizza and snacks served.
- ✝ Bible Study – Thursdays at 9:30 AM in the St. Joseph Community Room.
- ✝ Rumson St. Patrick's Day Parade – March 8 at 1 PM. March with us and the Irish saints of our stained glass windows!

HOLY WEEK

- ✝ April 5 - Palm Sunday procession with palms. Gather at 10:00 AM in the municipal parking lot in Sea Bright for a new twist on an old tradition. Palms, banners, choir and incense will lead the procession over the bridge to the 10:30 AM Mass.
- ✝ April 9 - Holy Thursday – Morning Prayer, 9 AM. Mass of the Lord's Supper, 7 PM. Reposition of the Blessed Sacrament at the Altar of Repose after Mass. Exposition of the Blessed Sacrament ends with Evening Prayer at 11 PM.
- ✝ April 10 - Good Friday – Morning Prayer at 9 AM; Prelude Music, 2:30 PM; Prayer Service, 3 PM; Stations of the Cross, 7 PM.
- ✝ April 11 - Holy Saturday – Morning Prayer and Blessing of the Food at 9 AM.