

EASTER

✝ Easter Vigil - Saturday, March 31, 8 PM.
April 1 - Easter Sunday Masses: 8 AM, 10:30 AM and Noon. No
Mass at 5 PM and 7 PM.

Regulations for Fast and Abstinence

- ✝ *Ash Wednesday and Good Friday are days of fast and abstinence.*
- ✝ *Fridays of Lent are also days of abstinence.*
- ✝ *Fasting is to be observed by everyone 18 years of age and older and who have not yet celebrated their 59th birthday. On a fast day, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.*
- ✝ *Abstinence is observed by everyone 14 years of age and older. On days of abstinence, no meat is allowed.*
- ✝ *Note that when health or the ability to work would be seriously affected, the law does not bind. When in doubt concerning fast and abstinence, the parish priest should be consulted.*
- ✝ *Fasting, almsgiving and prayer are the three traditional disciplines of Lent undertaken in a spirit of penance and preparation for baptism or renewal of baptism at Easter.*

Holy Cross Church

Lent 2018



**“In this is love, not that we loved God
but that He loved us and sent
His Son to be the expiation for our
sins.” 1 John 4:10**

Lent is a time of renewal. During these 40 days, we have a chance to reflect on our lives, pray more deeply, repent for what we've done and failed to do, and to be more generous to those in need.

PRAYER THAT RENEWS

✝ Exposition of the Blessed Sacrament every Wednesday from 9:30 AM to 4 PM and 11 PM to Midnight and on Thursday from 6 PM to 7 PM in the church.

✝ Stations of the Cross - Fridays in Lent at 7 PM. Song, candles and incense at all services. Confessions after Stations.

✝ Elizabeth Ministry Faithsharing – 2nd and 4th Wednesdays at 10 AM in the St. Joseph Room.

RE-CHARGE AND REFRESH

✝ Movie Night – The Way – Wednesday, March 7, 7 PM in the St. Joseph Room. Experience this critically-acclaimed movie about our journey with God. Movie is for adults! Popcorn and refreshments are free.

✝ Weekend Masses - Saturday 5 PM, Sunday, 8 AM, 10:30 AM, Noon and 5 PM in the Church; Traditional Latin Mass on Sunday at 7 PM in the Church.

✝ Daily Mass - 9 AM in the Church with Morning Prayer.

✝ Confessions - following 9 AM Mass on Saturday and Stations of the Cross on Friday evenings.

COMMUNITY

✝ Holy Cross Men's Group – Thursdays, 7:30 PM in the St. Joseph Room in the Church. Join the men of the parish for an evening of fellowship as they examine topics that effect men's spirituality.

✝ Prayer Group – Mondays at 7:30 PM in the Faculty Room.

✝ Bible Study – Thursdays at 9:30 AM in the St. Joseph Community Room.

✝ St. Patrick and St. Joseph Hospitality after the 10:30 AM Mass on Sunday, March 18.

HOLY WEEK

✝ March 25 - Palm Sunday procession with palms. Gather at 10:00 AM in the municipal parking lot in Sea Bright for a new twist on an old tradition. Palms, banners, choir and incense will lead the procession over the bridge to the 10:30 AM Mass.

✝ March 29 - Holy Thursday – Morning Prayer, 9 AM. Mass of the Lord's Supper, 7 PM. Reposition of the Blessed Sacrament at the Altar of Repose after Mass. Exposition of the Blessed Sacrament ends with Evening Prayer at 11 PM.

✝ March 30 - Good Friday – Morning Prayer at 9 AM in the Chapel of Repose; Prelude Music, 2:30 PM; Prayer Service, 3 PM; Stations of the Cross, 7 PM.

✝ March 31 - Holy Saturday – Morning Prayer and Blessing of the Food at 9 AM.